

BNCC 120km Cue Sheet - The Ten Dozen Ride

Start Location : Wahroonga Park (Millewa Ave/Coonanbarra Rd), Wahroonga

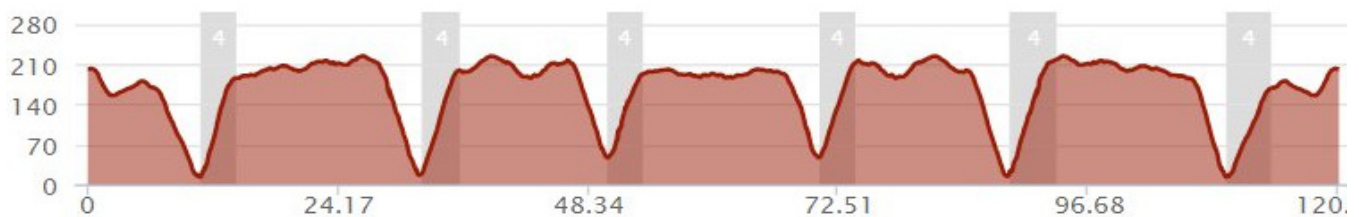
Cumul. distance	Interm. distance	Action	Caution	Location or notes.
0.00	-	CHECKPOINT		Head south east on Millewa Ave
0.05	0.05	Left		at Illoura Ave
0.24	0.19	Right		at the roundabout Into Stuart
0.45	0.26	Right		at the roundabout into Cleveland
0.61	0.16	Left		at Billyard Ave
1.67	1.06	Right		at Eastern Rd
1.84	0.17	Left		at Tennyson Ave
2.51	0.67	Left		at The Chase Rd
2.82	0.31	Right		at Burns Rd
3.03	0.21	Left		at Bobbin Head Rd
5.69	2.66	Veer right		at Roundabout to stay on Bobbin Head Rd.
6.81	1.12	Straight	CAUTION	Long fast bumpy descent ahead.
10.81	4.00	Veer left		over bridge to stay on Bobbin Head Rd
10.95	0.14	Straight		becomes Ku-Ring-Gai Chase Rd
17.98	7.03	Right		at Belmont Parade
18.19	0.21	Left		at Yirra Rd
18.27	0.08	Right		at Pacific Hwy
25.27	7.00	Left		at Berowra Waters Road at Traffic Lights
25.50	0.23	Straight		at Berowra Oval on the right
25.88	0.38	Right		at the roundabout to stay on Berowra Waters Rd
27.30	1.42	Left		at the roundabout to stay on Berowra Waters Rd
27.50	0.20	Right		follow curve to stay on Berowra Waters Rd
27.80	0.30	Straight	CAUTION	Narrow fast descent take care
31.50	3.70	FERRY	CAUTION	Cross River on Ferry. Bay Road. Narrow road
37.95	6.45	Follow road		Bay Road becomes Arcadia Rd
39.53	1.58	Right		to stay on Arcadia Rd
40.06	0.53	Right		to stay on Arcadia Rd
40.96	0.90	Left		to stay on Arcadia Rd
42.00	1.04	CHECKPOINT		Andys Cafe on the right
42.88	0.88	Left		to stay on Arcadia Rd
45.30	2.42	Left		Galston Rd at the roundabout
46.37	1.07	Right		to stay on Galston Rd (sign for Hornsby)
46.80	0.43	Straight	CAUTION	Steep fast descent. Take Care
49.60	2.80	Follow road	CAUTION	Wooden bridge, with metal bolts. Take Care.
49.80	0.20	Follow road	CAUTION	Steep narrow ascent, 6 hairpin bends
55.50	5.70	Right		at Pacific Hwy at traffic lights
56.60	1.10	Veer left		over railway stay on Pacific Hwy take middle lane
57.15	0.55	Right		to stay on Pacific Hwy at traffic lights
57.49	0.34	Left		at Leonard St
57.83	0.34	Left		at Alexandria Parade
57.90	0.07	Straight		at Roundabout
59.11	1.21	Continue		onto Millewa Ave
59.64	0.53	CHECKPOINT		at Wahroonga Park. U-turn and go back where you came
61.27	1.63	Right		Romsey St at the roundabout
61.35	0.08	Left		at Leonard St
61.46	0.11	Right		over driveway to Thomas St
61.70	0.24	Left		at Edgeworth David Ave
62.01	0.31	Right		at Pacific Hwy at traffic lights
62.11	0.10	Veer Left		to stay on Pacific Hwy over railway bridge
62.50	0.39	Veer right		to stay on Pacific Hwy
63.66	1.16	Left		at Galston Rd
66.80	3.14	Straight	CAUTION	Long steep descent ahead 6 hairpin bends
69.70	2.90	Straight	CAUTION	Wooden bridge, Steep narrow ascent ahead
72.90	3.20	Left		to stay on Galston Rd (sign for Pennant Hills)
73.95	1.05	Right		at Arcadia Rd at roundabout
76.39	2.44	Right		to stay on Arcadia Rd
78.31	1.92	Right		to stay on Arcadia Rd
79.21	0.90	Left		to stay on Arcadia Rd
79.21	0.00	CHECKPOINT		Andys Cafe on the left

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79.21	0.00	Left		to stay on Arcadia Rd
80.79	1.58	Straight		becomes Bay Rd
83.27	2.48	Straight	CAUTION	Long steep descent ahead
87.08	3.81	FERRY		cross river on ferry.
87.28	0.20	Straight	CAUTION	onto Berowra Waters Rd. Narrow road ahead
91.29	4.01	Left		to stay on Berowra Waters Rd
91.43	0.14	Right		at the roundabout
92.85	1.42	Left		at the roundabout
93.27	0.42	Right		at Pacific Hwy at traffic lights
100.73	7.46	Left		at Yirra Rd at traffic lights
100.80	0.07	Right		at Belmont Parade
101.01	0.21	Left		at Ku-Ring-Gai Chase Rd at Give Way
103.27	2.26	CAUTION	CAUTION	Long steep bumpy descent ahead
108.10	4.83	CHECKPOINT		Over bridge to Bobbin Head Rd
113.24	5.14	Veer Left		to stay on Bobbin Head Rd at roundabout
115.97	2.73	Right		at Burns Rd at traffic lights
116.18	0.21	Left		at The Chase Rd
116.49	0.31	Right		at Tennyson Ave
117.16	0.67	Right		at Eastern Rd
117.33	0.17	Left		at Billyard Ave
118.39	1.06	Right		at Cleveland St
118.54	0.15	Left		at Stuart St at roundabout
118.72	0.18	Left		at Iloura at roundabout
118.91	0.19	Right		at Millewa Ave
118.97	0.06	CHECKPOINT		Back at the starting location in the Park.

ELEVATION (m)



CHECKPOINT	TIME	COMMENTS
Wahroonga Out		
Arcadia		
Wahroonga In		
Wahroonga Out by 13:00		
Arcadia		
Bobbin Head		
Wahroonga In		