

# BNCC 100km Cue Sheet – The Classic Century

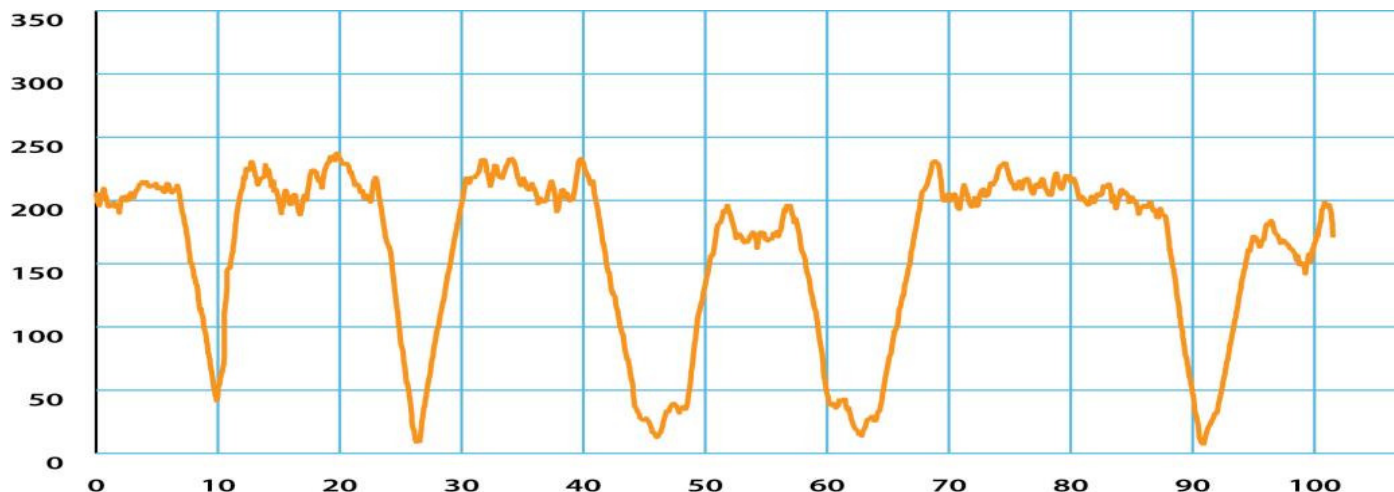
Start Location : Wahroonga Park (Millewa Ave/Coonanbarra Rd), Wahroonga

Cum. Dist. (km)	Int. Dist. (m)	Action	Landmark	Location	Comments ( !!! = Take Caution )
0		Go South	<b>CHECKPOINT</b>	Wahroonga Park	
0.02	20	Right		Millewa St	Becomes Alexandria Pde
1.6	1,580	Right	Roundabout	Romsey St	
1.9	300	Left	Tr. Lights	Edgeworth David Rd	!!! Traffic
2.3	400	Right	Tr. Lights	Pacific Highway	Take middle lane
2.4	100	Left	Tr. Lights	Pacific Highway	Across Railway Bridge
2.5	100	Right		Pacific Highway	!!! Caution Shopping Centre
2.9	400	Water			Tap in park on left
4.1	1,200	Left	Tr. Lights	Galston Rd	Slip lane past lights
6.5	2,400	Straight	Tr. Lights	Somerville Rd	!!! Steep downhill with 6 U-turns ahead. CAUTION REQUIRED
10.3	3,800	Veer Right	Old Bridge	Berowra Ck.	!!! Long narrow uphill. Single file. Watch/listen for traffic behind
13.6	3,300	Left		Galston Rd	
14.1	500	Right	Roundabout	Arcadia Rd	Shops on left
15	900	Veer Left		Arcadia Rd	Pass Gribbenmount Rd
17.2	2,200	Veer Right		Arcadia Rd	Pass Gartung Rd
18.3	1,100	Straight	<b>CHECKPOINT</b>	Andy's Café	Separate toilet in back yard
19.2	900	Veer Right		Arcadia Rd	
20.1	900	Left		Arcadia Rd	Arcadia Public School
20.7	600	Veer Left		Arcadia Rd	Vision Valley Sign
22.3	1,600	Veer Right		Bay Rd	Road changes name
24.1	1,800	Straight	Berrilee Sign		!!! Long steep downhill ahead. CAUTION REQUIRED
28.6	4,500	Straight		Park at Berowra Waters	Toilets on left. Shop on left.
28.7	100	Straight	On Ferry	Berowra Waters Ferry	Cycles use ferry pedestrian cabin.
28.8	100	Straight	Off Ferry	Berowra Waters Rd	Long uphill. Shop on right.
32.9	4,100	Left		Berowra Waters Rd	Pass Barnetts Rd
33.1	200	Right	Roundabout	Berowra Waters Rd	Pool shop awning
34.2	1,100	Veer Right		Berowra Waters Rd	Pass High St
34.6	400	Left	Roundabout	Berowra Waters Rd	
35	400	Left	Tr. Lights	Pacific Highway	Shops on left
36.2	1,200	Veer Left		Old Toll Gates on right	
39.8	3,600	Veer Right	Shop	Cowan Coffee Shop	Station just passed on right
43.2	3,400	Straight	Shop	Pie in the Sky	Shop on right. Caution if turning.
47.8	4,600	Straight	Bridge	Start Hawkesbury R. Brdg	Take path on left side of bridge
49.5	1,700	Straight	Shop	Petrol Station and shop	5.5km uphill ahead
57.2	7,700	Turn around	<b>CHECKPOINT</b>	Under F3 overpass	
65	7,800	Straight	Shop	Petrol Station and shop	
66.7	1,700	Straight	Bridge	End Hawkesbury R. Brdg	
71.1	4,400	Straight	Café	Pie in the Sky Café	Great pies and coffee here
75.1	4,000	Straight	Station	Cowan Station	Small shop for quick bite
79.2	4,100	Straight	Station	Berowra Station	!!! Caution traffic alongside
86.2	7,000	Left	Lights	Yirra Rd	
86.2	60	Right		Belmont Pde	
86.5	300	Left		Ku-ring-gai Chase Rd	
87.5	1,000	Straight		National Park Entrance	!!! Long steep downhill ahead. CAUTION REQUIRED
90.6	3,100	Straight	Kalkiri	Visitors Centre	!!! Toilets and water. More downhill. CAUTION

# BNCC 100km Cue Sheet – The Classic Century

Start Location : Wahroonga Park (Millewa Ave/Coonanbarra Rd), Wahroonga

Cum.Dist. (km)	Int.Dist. (m)	Action	Landmark	Location	Comments ( !!! = Take Caution )
94.1	3,500	Veer Right	<b>CHECKPOINT</b>	Bobbin Head Rd	Long uphill ahead. Watch for traffic on ascent. Toilets. Info Centre.
98.5	4,500	Straight		Park Entrance	Water in bubbler on left.
99.6	1,100	Straight	Roundabout	Bobbin Head Rd	
101.4	1,800	Straight		Shops on right	
102.3	900	Right	Lights	Burns Road	!!! Watch for cars turning at lights
102.5	200	Left		The Chase Rd.	
103.1	600	Right		Tennyson Ave	
103.7	600	Right		Eastern Rd	
104.1	400	Left		Billyard Avenue	Last climb
105.2	1,100	Right	T-intersection	Cleveland St	
105.3	100	Left		Stuart St	
105.5	200	Straight	Roundabout	Stuart St	
105.6	100	Left	T-intersection	Coonanbarra Rd	
105.7	100	Finish	<b>CHECKPOINT</b>	Wahroonga Park	Congratulations - the END



## CHECKPOINTS FOR 100km

	TIME	COMMENTS
Wahroonga		
Arcadia		
Mt White		
Bobbin Head		
Wahroonga		